

The ELSA in your school is:



Mrs Elizabeth Mason

You can contact Mrs Mason via the school office or on her email address:
assistanthead@north-leigh.oxon.sch.uk



ELSA Training
provided by:



North Leigh C of E
Primary School
Park Road
North Leigh
Witney
OX29 6SS

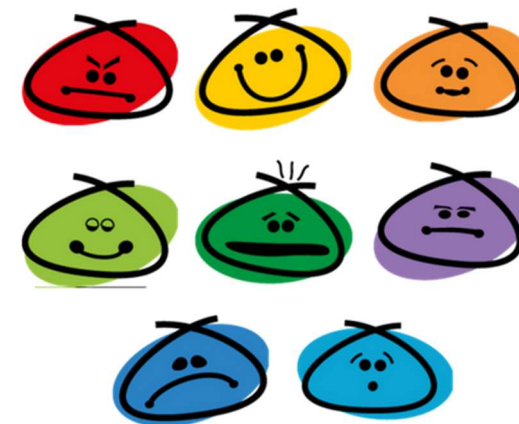
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Valuing Everyone in our
school, in our
community, in our world



ELSA Support

At North Leigh Primary



INFORMATION FOR PARENTS/CARERS

An ELSA (Emotional Literacy Support Assistant) is a member of staff who is trained to support children in the development of their Emotional Literacy.

WHAT IS EMOTIONAL LITERACY?

- ✚ *Understanding and coping with the feelings about ourselves and others*
- ✚ *Developing high self-esteem and positive interactions with others*
- ✚ *Being emotionally literate helps children to focus better on their learning*

SOME OF THE AREAS THE ELSA MAY WORK ON

- ✚ Recognising emotions
- ✚ Self-esteem
- ✚ Social skills
- ✚ Friendship skills
- ✚ Anger management
- ✚ Loss and bereavement

HOW DOES THE ELSA WORK?

- ✚ A regular slot during the school week for 20-30 minutes
- ✚ Sessions can be individual or in small groups and are tailored to the child's individual needs
- ✚ Sessions are fun and might include role-play, puppets, board games, art and craft and stories
- ✚ They include time to talk
- ✚ A pupil's progress will be reviewed at the end of the intervention period



HOW CAN YOU HELP?

Please inform your child's **class teacher** if there are **any issues** that may be affecting your child

You are also **welcome** to contact **Mrs Mason** directly if you have **any questions**

