

A governor met with four children from Year 6 to explore their understanding and impact of the PSHE curriculum on their personal development and well-being. They were asked six questions reflecting the six themes and linking them to the Ofsted standards.

1. Belonging and School Community

Do you feel welcome and valued in this school? What helps you feel part of the school community? (*Links to pupils feeling welcome, respected and that they belong*) Their responses highlighted the benefits of belonging to a small school community where attention is focussed on them, of belonging to what they described as a democratic, inclusive community with nice and welcoming staff where everyone can learn what they need to learn.

2. Respect and Diversity

What do you learn in school about respecting people who are different to you? Can you give an example from a lesson or an assembly? (*Links to understanding different cultures, beliefs and protected characteristics*).

Their responses demonstrated that they do this a lot in myriad ways: through assemblies led by Mr McPherson raising social awareness giving recent examples - National Women's day, equality in the UK; through PHSE – racism, the rights of refugees (and here they made reference to the behaviour President D Trump), fairness of immigration; in lessons – learning about tolerance, not judging a book by its colour and the wider context.

3. Staying Safe and Healthy

What have you learned in school about staying safe, including on-line? Who would you talk to if something worried you? (*Links to teaching pupils to recognise risks and know how to keep themselves safe and healthy*)

Their responses demonstrated that they are aware of filtering and monitoring related to IT and the importance of fire safety procedures. They were particularly aware of the importance of healthy bodies by eating healthily and exercising as well as looking after their mental health. They were able to identify the safeguarding leads without being prompted and were quick to explain they would talk to a trusted adult if they had, or friends had, any worries. They feel they are listened to and are safe in school. They were aware of helplines – Child-line and NSPCC.

4. Pastoral Support

If you were worried or upset at school who could help you? Do you feel adults listen to pupils' ideas and concerns? (*Links to pupils knowing about and accessing pastoral support*)

Their responses confirmed that they feel listened to and that they are aware of and, in some cases, had personal experience of the support available including special needs, extra needs, Forces Club, Super-girls, Resilience, mental health. One child described the welcome support he and his siblings had received during a stressful period of their family life through an Art Club.

5. Opportunities and wider experiences

What clubs, trips or activities do you enjoy in school? Do lots of children get the chance to join in? (*Links to pupils having opportunities to develop talents through clubs, arts, music and sport*)

They enthusiastically described many opportunities accessible to all, in particular sports counsellors, ambassadors, after school clubs, netball, hockey, woodland club.

6. Personal Development Learning

What things do you learn in PSHE or similar lessons which help you in everyday life?

Can you give an example of something useful you have learned? (*Links to the personal development programme including PSHE/RHE learning*)

Their responses reflected their awareness of the wider world and the differences within it; of advice and preparation received for a range of scenarios which might happen; of learning appropriate language to help; of realising how lucky they are which helps keep things in perspective.